

A BALANCED APPROACH TO A STUDENT'S NUTRITION.

A specially designed lunch service to provide:

- Exciting, delicious lunches
- Freshness
- Nutrition & balance
- Value for money
- Transparency for parents
- Convenience for parents
- Express collection for students
- Compliance with covid-19 guidelines
- Environmentally sustainable

PRICING

A Meal Scheme price is determined by calculating the number of days purchased during the week ie...
2, 3, 4, 5 days a week

And multiplying this by the number of weeks left in the term. Choose which days of the week suit you best and the App will quote you a price for the rest of the term before purchase

Note: Meal schemes will start 48hrs after purchase.

Prices of meal schemes will be worked out at a cost of €5.90 per day.

The policy for cancellations, missed days and school closures will be to give full refunds or reallocations for any days we haven't delivered on after 24hrs of cancellation. Please see FAQs on our website for details.

REGISTERING FOR THE SERVICE:

You will now be able to ensure there is a nutritious meal at school available any day you choose.

1. Download the APP from the Apple "App Store" or "Google Play".
Search: "The Lunchbox Meal Scheme"
2. Use the attached key fob to register an account using the number on the back of the fob and your email address.
3. Choose the number of days during the week you would like us to have lunch ready for collection.
4. Choose the actual days of the week that suit your child's schedule best
5. Purchase the meal scheme
6. Choose which menu items you would like to have ready for collection on each day you have subscribed to 48hrs or more in advance for the rest of term.
Attached is a specially programmed card / fob with a smart chip using RFID Technology. The card will be programmed for each student upon registration and they will use it to validate their meal on collection in the school.

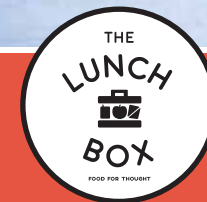
MEAL SCHEME BREAKDOWN

1. Three choices of healthy & nutritious main dishes that change every day
2. An additional side or snack
3. A Piece of fruit

For more information check out thelunchbox.ie or send an email to info@thelunchbox.ie

THE LUNCHBOX MEAL SCHEME

A balanced approach to a student's nutrition...



OUR NEW APP

AVAILABLE TO DOWNLOAD



WHAT TO EXPECT

Sample menu for one week...

						COMES WITH
MONDAY	CHICKEN PESTO PASTA BAKE (W) (M)	OR	BEEF STROGANOFF WITH BASMATI RICE (M) (S)	OR	TOASTED TOMATO & MOZZARELLA BRUSCHETTA (W) (M) WITH VEGETABLE SOUP (C)	A PIECE OF FRUIT BANANA BREAD (W) (M) (E)
TUESDAY	HOMEMADE BEEF LASAGNE (W) (M) (C)	OR	BUTTERNUT SQUASH & BROCCOLI LASAGNE (W) (M) (E) (C)	OR	CHICKEN CAESAR WRAP (E) (W) (M) WITH VEGETABLE SOUP (C)	A PIECE OF FRUIT CARROT CAKE (W) (M) (E)
WEDNESDAY	HOMEMADE PASTRY SAUSAGE ROLL WITH LEEK & POTATO SOUP (W) (M) (E) (C)	OR	ROAST CHICKEN WITH CARROTS, ROAST POTATOES, PEA'S & GRAVY (M)	OR	HAM & CHEESE TOASTIE (W) (M) WITH LEEK & POTATO SOUP (C)	A PIECE OF FRUIT BERRY SPONGE (W) (M) (E)
THURSDAY	CHICKEN TERIYAKI WITH BASMATI RICE (S) (SS)	OR	SPAGHETTI MEATBALLS IN ITALIAN TOMATO SAUCE (W) (C)	OR	FALAFEL WRAP (W) (M) (E) WITH TOMATO & BASIL SOUP (C)	A PIECE OF FRUIT A FLAPJACK (W) (M) (E)
FRIDAY	CHICKEN & VEGETABLE CURRY WITH BASMATI RICE (C)	OR	HOMEMADE VEGGIE BURGER ON A BRIOCHE BAP WITH ROAST NEW POTATOES (W)	OR	HOT CAJUN CHICKEN BAGUETTE (W) (E) WITH VEGETABLE SOUP (C)	A PIECE OF FRUIT BANANA BREAD (W) (M) (E)

ALLERGEN'S ARE SHOWN AS BELOW

(W)=WHEAT (M)= MILK (E)=EGG (S)=SOY (SS)=SESAME SEEDS (C)=CELERY

www.thelunchbox.ie

