



CBC Transition Year
2019 -20

4 PEAK CHALLENGE

WHERE?

Conquer the highest peaks across the four provinces of Ireland:

- Carrauntoohil, Co. Kerry (1,038m)
- Mweelrea, Co. Mayo (814m)
- Slieve Donard, Co. Down (925m)
- Lugnaquilla, Co. Wicklow (850m)



WHEN?

Timeline October 2019 - May 2020

- 1) October 2019 - Lugnaquilla, Co. Wicklow. Full day trip
- 2) October 2019 / April 2020 - Slieve Donard, Co. Down. Full day trip
- 3) May 2020 - Carrauntohill, Co Kerry and Mweelrea, Co. Mayo. 3 days /2 nights



HOW?

- Fully qualified Mountain Guide(s)
- Two CBC teaching staff
- Private coach hire
- Hostel accommodation - Killarney & Galway



HOW?

EQUIPMENT

Equipment list provided by Mountaineering Ireland

Hillwalking Boots & socks

Waterproof jacket

Walking trousers / Waterproof over-trousers

Thermal top

T-shirt & fleece & spare fleece

Hat & gloves

Food & drink

Rucksack (with liner or resealable & reusable plastic bags)

Watch

Food & drink

COST

- Mountain guide(s) - 1/2 guides over four days
- Transport / Driver (private coach)
- Accommodation (hostels in Killarney & Galway)
- Insurance
- 15 pupils = €350 approx.
- 30 pupils = €250 approx.
- Equipment = €150 - €300



- Email nf@cbcmonkstown.ie that you would like your son to be considered for the CBCTY 4 Peak Challenge

WHAT'S NEXT?

- Minimum - 15 pupils
- Maximum - 30 pupils
- If oversubscribed, a lottery system will be used
- Keep an eye out on the school's website / Twitter account for more details
- **Closing date to receive email - Thursday 26th September at 5pm**



@CBCMonkstownpk