

CBCTransition Year 2019 - 20

4 PEAK CHALLENGE

#### WHERE?

Conquer the highest peaks across the four provinces of Ireland:

- Carrauntoohil, Co. Kerry (1,038m)
- Mweelrea, Co. Mayo (814m)
- Slieve Donard, Co. Down (925m)
- Lugnaquilla, Co. Wicklow (850m)



#### WHEN?

#### Timeline October 2019 - May 2020

- October 2019 Lugnaquilla, Co.
  Wicklow. Full day trip
- 2) October 2019 / April 2020 Slieve Donard, Co. Down. Full day trip
- 3) May 2020 Carrauntohill, Co Kerry and Mweelrea, Co. Mayo. 3 days /2 nights



## HOW?

- Fully qualified Mountain Guide(s)
- Two CBC teaching staff
- · Private coach hire
- Hostel accommodation Killarney & Galway



# HOW?

#### **EQUIPMENT**

Equipment list provided by Mountaineering Ireland

Hillwalking Boots & socks

Waterproof jacket

Walking trousers / Waterproof over-trousers

Thermal top

T-shirt & fleece & spare fleece

Hat & gloves

Food & drink

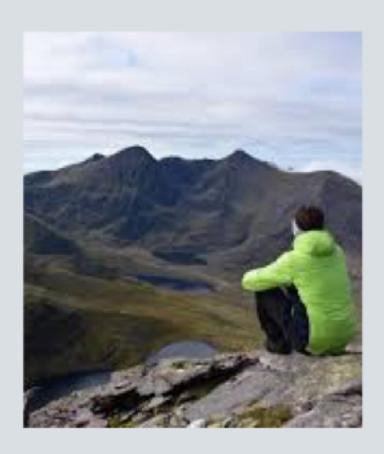
Rucksack (with liner or resealable & reusable plastic bags)

Watch

Food & drink

### COST

- Mountain guide(s) 1/2 guides over four days
- Transport / Driver (private coach)
- Accommodation (hostels in Killarney & Galway)
- Insurance
- 15 pupils = €350 approx.
- 30 pupils = €250 approx.
- Equipment = €150 €300



- Email <u>nf@cbcmonkstown.ie</u> that you would like your son to be considered for the CBCTY 4 Per Challes NEXT?
- Minimum 15 pupils
- Maximum 30 pupils
- If oversubscribed, a lottery system will be used
- Keep an eye out on the school's website / Twitter account for more details
- Closing date to receive email -Thursday 26th September at 5pm

